

# Improvement Kata Healthcare Programme

## Scientific thinking for real improvement in healthcare

A practical, healthcare-focused Improvement Kata course that equips clinical, operational and quality teams with the skills to apply scientific thinking, run rapid experiments and achieve meaningful, measurable improvements.



## What is the Improvement Kata Healthcare Programme?

The Improvement Kata Healthcare Programme is a 4-day, hands-on course, supported by parallel coaching sessions, designed to help healthcare professionals apply a structured, scientific approach to improvement. Delivered in-house for teams of 6–10 improvers, it's aligned to **Kata Learning Framework (KLF) Level 1.2** – building practitioners who can grasp the current condition, set target conditions, identify obstacles and experiment their way towards better outcomes.

Every element of this programme is tailored to the realities of healthcare environments, from hospitals and clinical teams to community services, mental health, pharmaceutical and digital health organisations. Participants don't just learn improvement theory, they practise it on real challenges, in real settings, from day one.

### KLF Level 1.2 aligned

A recognised pathway to demonstrated kata capability.

### In-house delivery

Builds capability where it matters most – inside your organisation.

### Coaching starts day 1

Parallel support accelerates real skill development immediately.

## Who is this programme for?

This programme is designed for healthcare organisations and individuals who are ready to build genuine, lasting improvement capability – grounded in scientific thinking and applied to real clinical and operational challenges.

### Healthcare organisations

Building internal improvement capability across a locality, service line or directorate – creating a shared language and method for improvement.

### Leaders and managers

Who want a structured, scientific approach to improving services and patient outcomes – and a coaching habit to sustain it.

### Quality and improvement professionals

Looking to deepen their practical improvement capability, earn recognised KLF credentials and support others more effectively.

### Clinical and operational teams

Who need a repeatable, reliable method for tackling complex challenges in high-stakes, time-pressured environments.

## IMPROVEMENT KATA ROUTINES

### The Starter Kata: what participants learn to do

Participants learn to use the Improvement Kata Starter Kata routines — a structured set of practices that build the scientific thinking habits required for sustained improvement. These routines align directly with KLF Level 1.2 expectations, including the ability to grasp the current condition through a systematic approach and develop and conduct experiments towards the target condition in a scientific way.



#### Grasp the current condition

Understand what is actually happening today through systematic observation, process maps and run charts – not assumptions.



#### Establish target conditions

Set clear, measurable targets that define what the process should look like at a specific point in time.



#### Identify obstacles

Discover and analyse the obstacles standing between the current and target condition, exploring cause and effect.



#### Run rapid experiments

Design and conduct small, safe-to-fail experiments that generate learning and move the team towards the target.



#### Reflect and adapt

Learn from every experiment cycle, adjusting thinking and next steps based on what actually happened versus what was expected.

## PROGRAMME STRUCTURE

### Programme overview: in-house delivery

The programme is structured as two connected blocks – classroom training and parallel coaching support – designed to work together to build real, lasting capability. Coaching doesn't wait until after training is complete, it begins during the programme itself.



This structure mirrors the KLF expectation that learners practise Starter Kata routines repeatedly and receive regular, structured feedback – not a one-off training event. The result is a cohort of practitioners who have already begun applying scientific thinking before the programme is even complete.

## PROGRAMME FEE

### What's included in your in-house programme fee

Your in-house programme fee covers everything your team needs to begin building genuine Improvement Kata capability — from classroom training and coaching support through to the tools, templates, and guidance required to demonstrate KLF Level 1.2 competency.



#### 4 days' classroom training

Full Improvement Kata curriculum delivered in two 2-day blocks at your site.



#### Parallel coaching support

Facilitated learning groups running throughout the programme period.



#### Full toolkit & templates

Healthcare-specific storyboards, experiment records, and all supporting resources.



#### KLF 1.2 evidence support

Guidance on building your storyboard and meeting KLF Level 1.2 evidence requirements.



Delivery for a team of 6-10 improvers. Group discounts and multi-cohort packages available.

## Why healthcare organisations choose this programme

There are many improvement programmes available. What distinguishes the Improvement Kata Healthcare Programme is its combination of rigorous scientific method, practical application and deep alignment to the realities of clinical environments.

1

### Designed for healthcare

Every example, template and exercise is tailored to clinical and regulated environments – not repurposed from manufacturing or generic business improvement.

2

### Practical, not theoretical

Participants apply the Improvement Kata to real challenges from day one. The focus is always on doing – building habits through deliberate, coached practice.

3

### Coaching starts immediately

Learning groups run in parallel with training, accelerating skill development and ensuring participants are supported as they practise – not left to figure it out alone afterwards.

4

### Aligned to KLF Level 1.2

Provides a clear, structured pathway to recognised kata capability, with support towards meeting KLF Level 1.2 evidence requirements.

5

### Delivered to local teams

In-house delivery builds capability where it matters most – inside your organisation, with your teams, on your challenges.

## Pricing per delegate

### 6–10 delegates

£2,427 + VAT per delegate

### 11–20 delegates

£2,125 + VAT per delegate

## Ready to develop a team of Improvement Kata practitioners?

Whether you're looking to build capability across a single directorate, roll out to multiple cohorts or design a locality-wide improvement programme, we can help you shape the right approach for your organisation.

Get in touch to discuss in-house delivery, cohort design, multi-team roll-out options and pricing. We'll work with you to design a programme that fits your context, your teams and your improvement ambitions.

Contact us to get started

